# Monday

# Wednesday Tuesday

# Thursday

# The Hub - Week 7

# **Motivational Monday**

Join our walking group from 8.45am

Do Drop In - We are open from 2 until 3pm

GenM Morning - join us from 9 - 11am

Hub closed outside these times

## It's Wellness Wednesday

Join us from 8.30 until 10.30 am for Mindfulness Activities

Do Drop In - we're open 2 to 3pm

Playgroup in the OSHC Building from 9 - 10.30am

## Do Drop In

We're open 8.30 - 11am and from 1 -3pm